**NUTRITION**

PROTEIN

1 g/dL = 3x decrease in serum albumin

increase in risk of RKF loss

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MINERALS

Maintain according to guidelines:

<table>
<thead>
<tr>
<th>Mineral</th>
<th>Lower Limit</th>
<th>Upper Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Potassium</td>
<td>3.5-5.5 mg/L</td>
<td></td>
</tr>
<tr>
<td>Calcium</td>
<td>8.4-10.2 mg/dL</td>
<td></td>
</tr>
<tr>
<td>Phosphorus</td>
<td>2.5-4.5 mg/dL</td>
<td></td>
</tr>
</tbody>
</table>

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FIBER

Each 1 g/day of dietary fiber intake correlated with an 11% lower risk of major adverse cardiovascular events.

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